

NATURAL RESILIENCE

SOM

**Thriving together with nature, performs better for BOTH normal and emergencies?**

**More Resilient Humans**

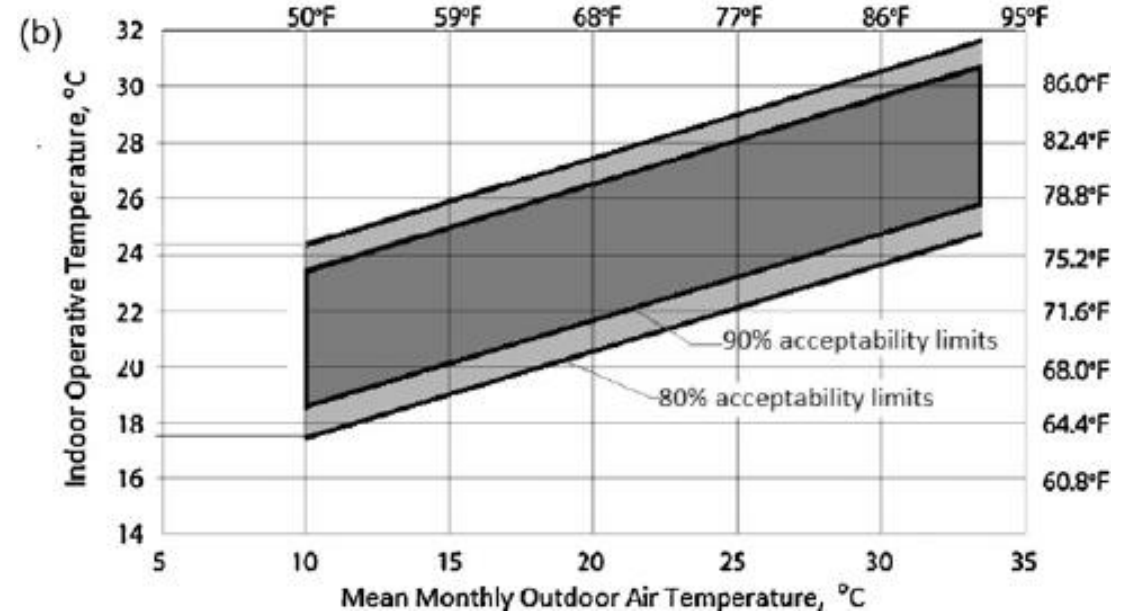
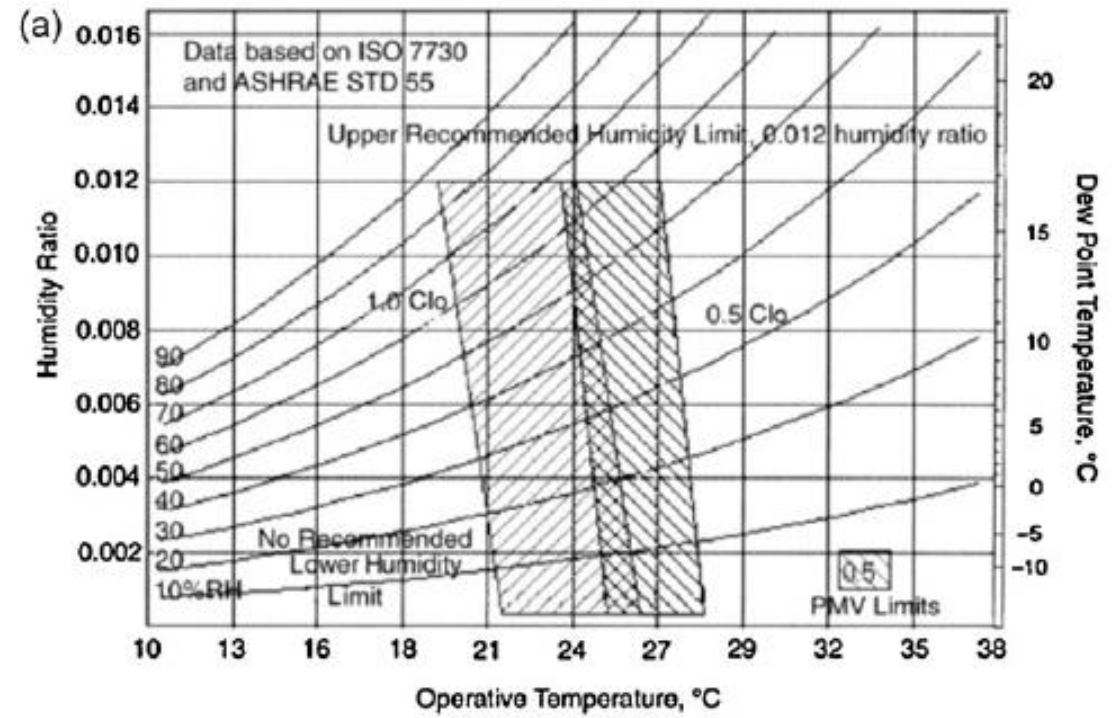
## More Resilient Humans?



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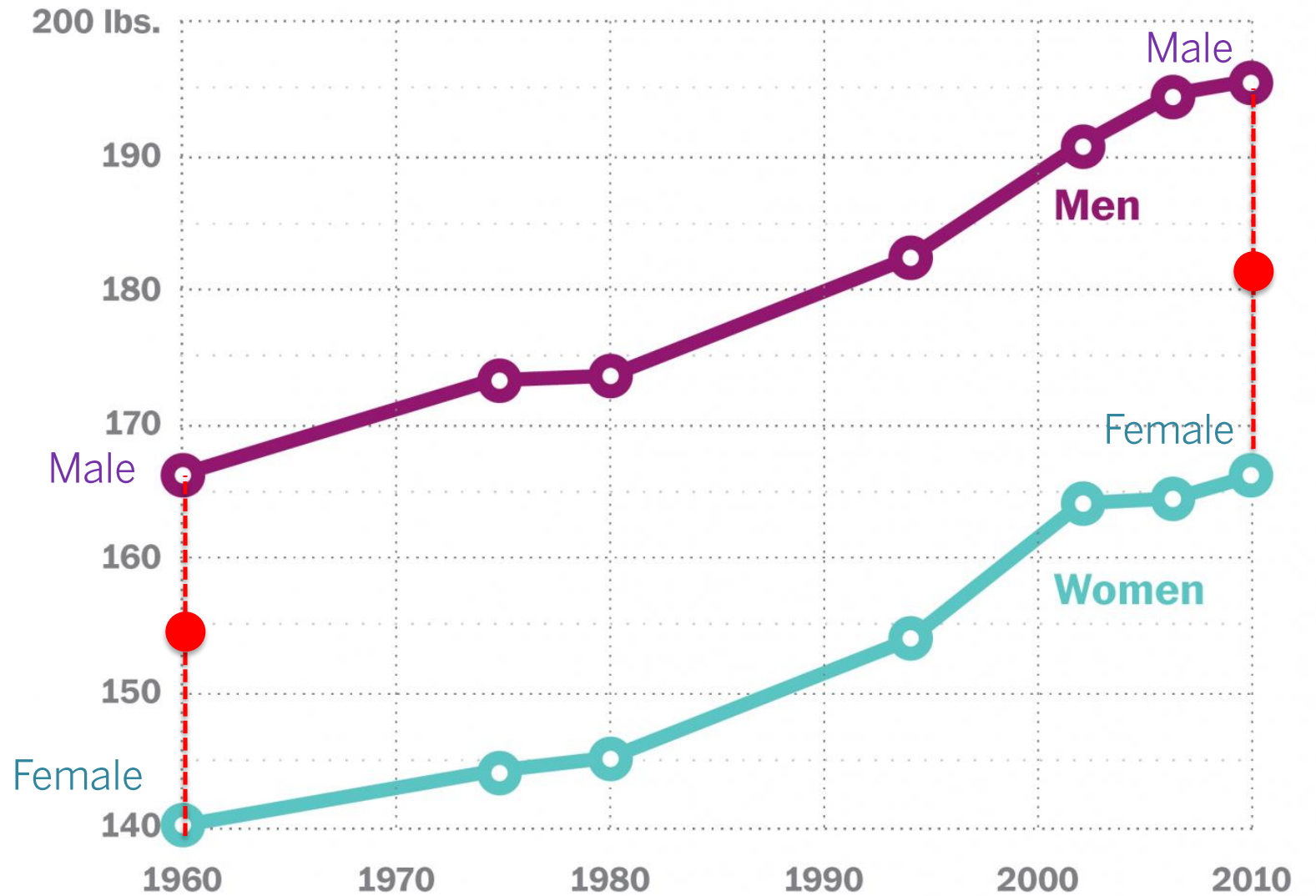
- **56% of national average in cancer rate**
- **Almost no obesity , US adults about 35% obese**
- **5% kids have Asthma, 9.3% US kids**
- **3 cases of Autism, 2 had vaccinations**
- **Less allergies**

# Physical Resilient Natural Comfort



# Physical Resilient Natural Diet

Average weight of American men and women, 1960–2010



**Physical Resilient  
Natural Diet**



## **Physical Resilient**

### **Natural Living**

**School kids on Farm 30-50% less chance of asthma**

**“exposure to bacteria and fungi from environmental sources like dirt and animal hair early in life protects against asthma and allergies by helping the immune system develop normally”**

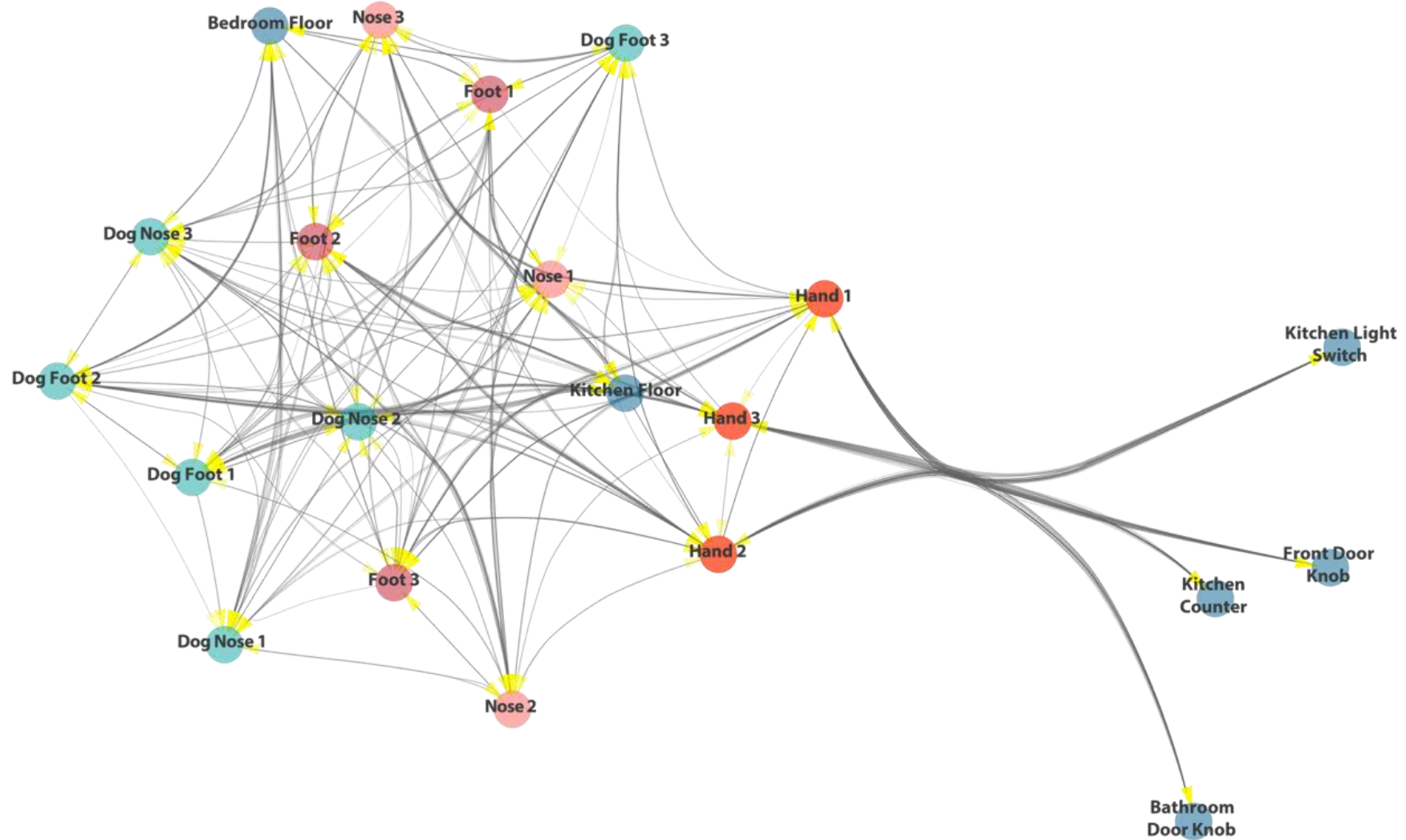
Physical Resilient  
Natural Living



# Physical Resilient

## Natural Living

Movement of bacteria between people, dogs and home surfaces with a dynamic Bayesian network model

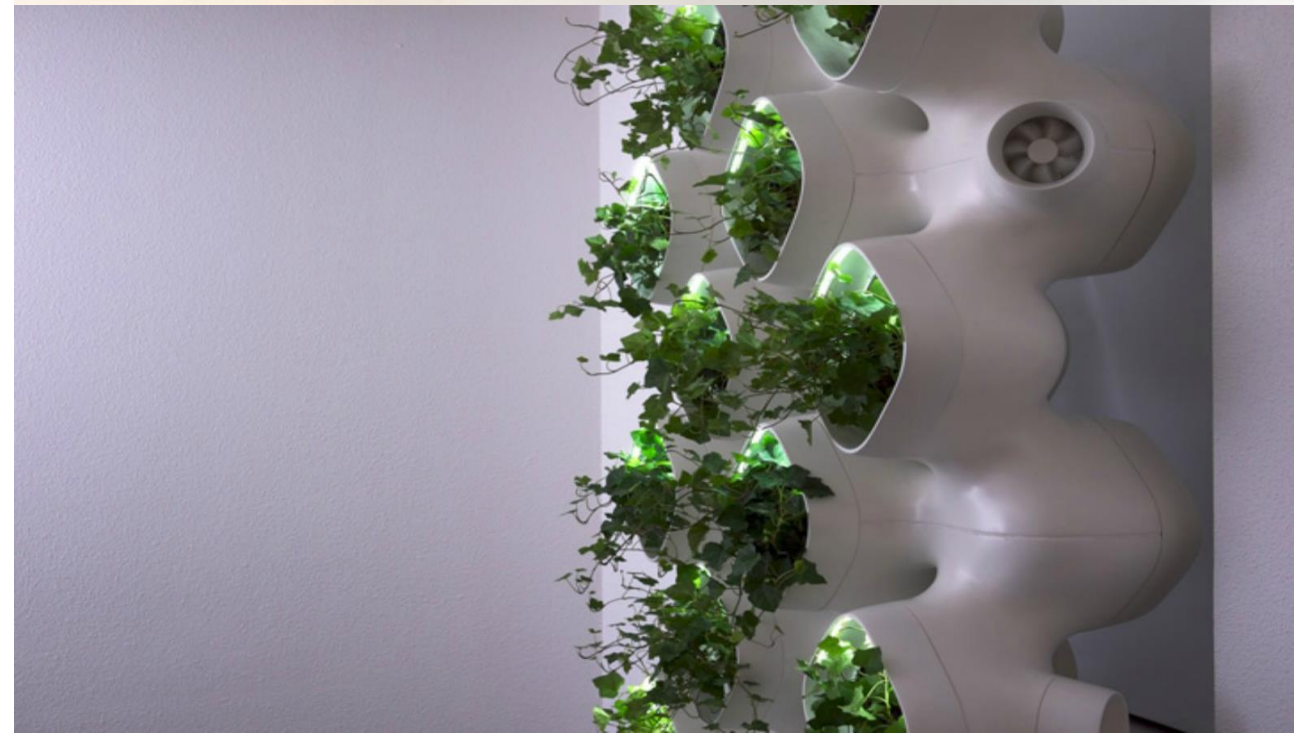


**Physical Resilient**  
**Natural Living**



**More Resilient Buildings**

## Plants To Clean Air and Provide Oxygen







北 NORTH



光滑立面  
FLUSHED FACADE



SOM的设计  
SOM DESIGN

东 EAST



南 SOUTH



北 WEST



### 在立面降低15%的太阳辐射 15% REDUCTION IN SOLAR RADIATION ON FACADE

立面的设计经过对太阳辐射性能的优化。在南昌较为炎热的气候中，如何降低太阳直射是使用空间中的人们舒适度和节能的重要因素。垂直的庭院提供了立面的遮阳，并降低了整个建筑的日照辐射温度，以此为整个建筑提供了较为凉爽的微气候。

The facade design is optimized for solar and glare control. In Nanchang's hot climate, reducing the amount of direct radiation in the occupied space is critical for occupants comfort and energy savings. The vertical courtyards provide shading to the facade and reduce the building's overall mean radiant temperature, ultimately providing a cooler micro-climate around the building.

日射防护和炫光控制  
SOLAR AND GLARE CONTROL

凉爽安静的微气候  
COOL & QUIET MICRO-CLIMATE

新鲜空气过滤  
FRESH AIR INTAKE AND FILTERING

自然植被  
NATURAL HABITAT



垂直的庭院为每一层的使用者提供了在空中接近自然，空气以及漫射光的机会。如果气候允许，庭院中的新风系统能够调节由绿色植被带来的新鲜空气。为使用者提供更好的环境。同时也为真个建筑节能了降温的费用。

The vertical courtyards provide access to natural diffuse light, vegetation and fresh air eat each floor.

When climate allows, air intakes strategically located within the courtyards and adjacent to vegetation provide minimum filtered fresh air to the occupied space, ultimately saving on cooling and fan energy.



© DANIEL CHEONG

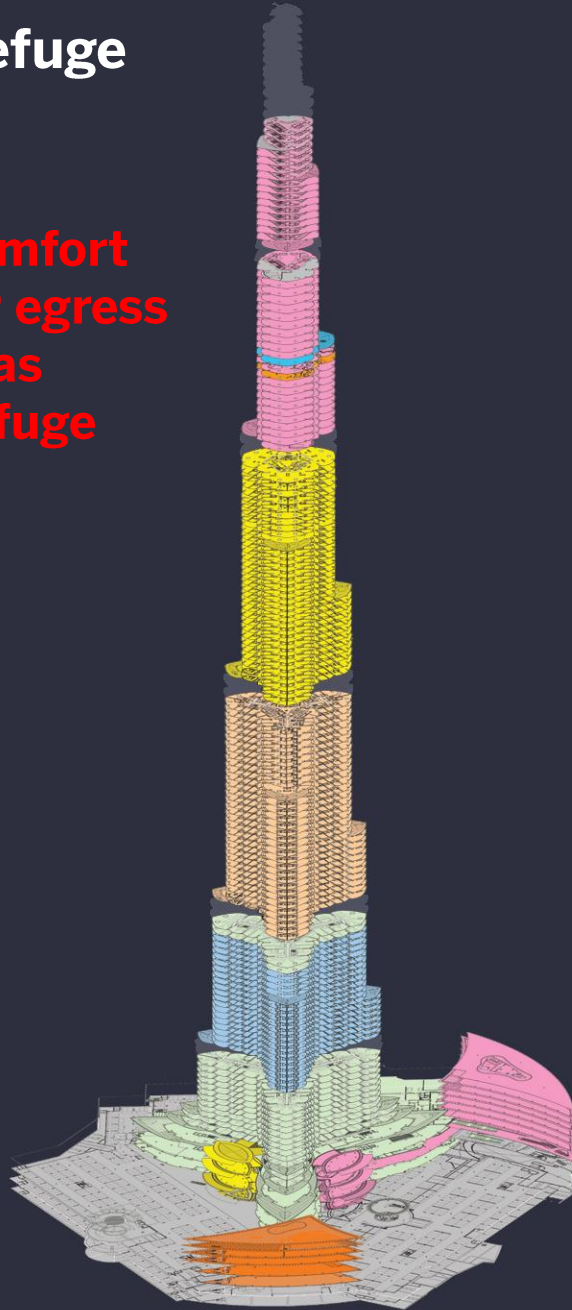


# Balconies



# Thermal Refuge

Provide comfort cooling for egress AOR, etc. as thermal refuge

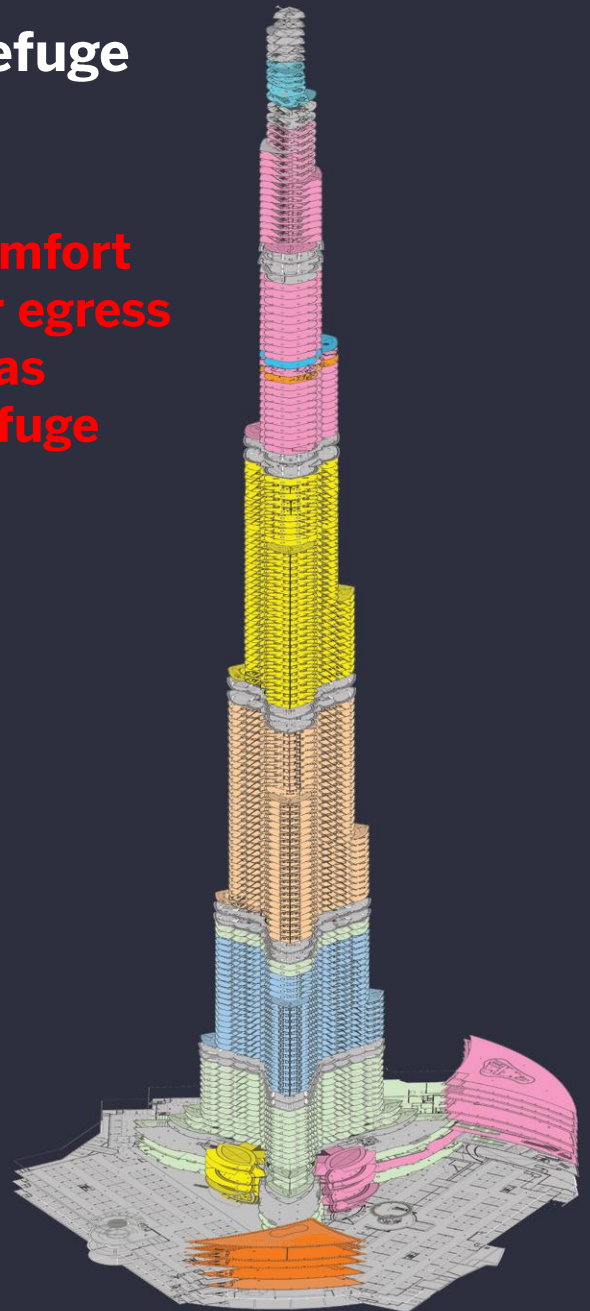


# corporate suites

level 154		5 008 sq. ft.	level 131		10 788 sq. ft.
level 153		5 008 sq. ft.	level 130		10 788 sq. ft.
level 152		5 008 sq. ft.	level 129		10 788 sq. ft.
level 151		6 026 sq. ft.	level 128		10 788 sq. ft.
level 150		6 026 sq. ft.	level 127		10 788 sq. ft.
level 149		6 026 sq. ft.	level 126		10 788 sq. ft.
level 148		6 026 sq. ft.	level 125		10 788 sq. ft.
level 147		7 044 sq. ft.	level 124		10 788 sq. ft. <b>observatory</b>
level 146		7 044 sq. ft.	level 123		13 515 sq. ft. <b>corporate suites sky lobby / bistro</b>
level 145		7 044 sq. ft.	level 122		13 515 sq. ft. <b>resident's club / hotel club</b>
level 144		7 044 sq. ft.	level 121		13 515 sq. ft.
level 143		8 061 sq. ft.	level 120		13 515 sq. ft.
level 142		8 061 sq. ft.	level 119		13 515 sq. ft.
level 141		8 061 sq. ft.	level 118		13 515 sq. ft.
level 140		7 609 sq. ft.	level 117		13 515 sq. ft.
level 139		7 609 sq. ft.	level 116		13 515 sq. ft.
level 135		10 788 sq. ft.	level 115		13 515 sq. ft.
level 134		10 788 sq. ft.	level 114		13 515 sq. ft.
level 133		10 788 sq. ft.	level 113		13 515 sq. ft.
level 132		10 788 sq. ft.	level 112		13 515 sq. ft.

# Thermal Refuge

Provide comfort cooling for egress AOR, etc. as thermal refuge



# mechanical

	roof 1					level 75	23 189 sq. ft.
	lvl 160 up mezz 3					level 74	438 sq. ft.
	level 160 mezz 3					level 73	23 189 sq. ft.
	level 160 mezz 2					level 42	28 673 sq. ft.
	level 160 mezz 1					level 41	1 004 sq. ft.
	level 160		3 250 sq. ft.			level 40	28 673 sq. ft.
communications	level 159		3 250 sq. ft.			level 18	33 607 sq. ft.
communications	level 158 inter					level 17	33 607 sq. ft.
communications	level 158		4 129 sq. ft.			level 4	21 862 sq. ft.
communications	level 157		4 129 sq. ft.			level 2	32 291 sq. ft.
communications	level 156		4 129 sq. ft.				
	level 155 inter.						
	level 155		5 008 sq. ft.				
	level 138		10 788 sq. ft.				
	level 137		344 sq. ft.				
	level 136		10 788 sq. ft.				
	level 111		16 241 sq. ft.				
	level 110		207 sq. ft.				
	level 109		16 241 sq. ft.				

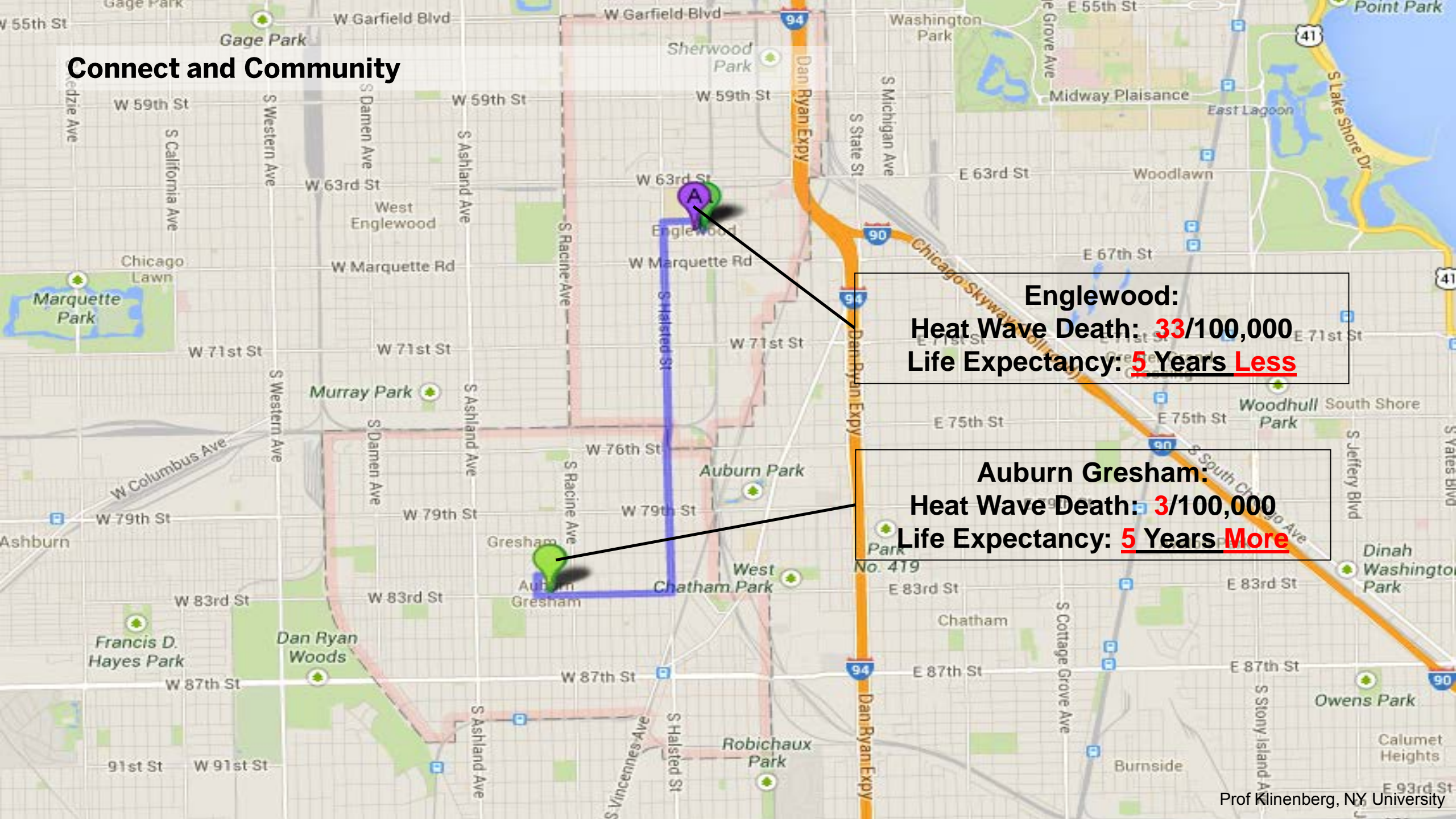
## Occupants Control to Access Light and Air



# Space with Nature to Connect



# Connect and Community



**Englewood:**  
Heat Wave Death: **33/100,000**  
Life Expectancy: **5 Years Less**

**Auburn Gresham:**  
Heat Wave Death: **3/100,000**  
Life Expectancy: **5 Years More**

**More Resilient Planet**

## Coastal ecologies



# Agricultural ecologies



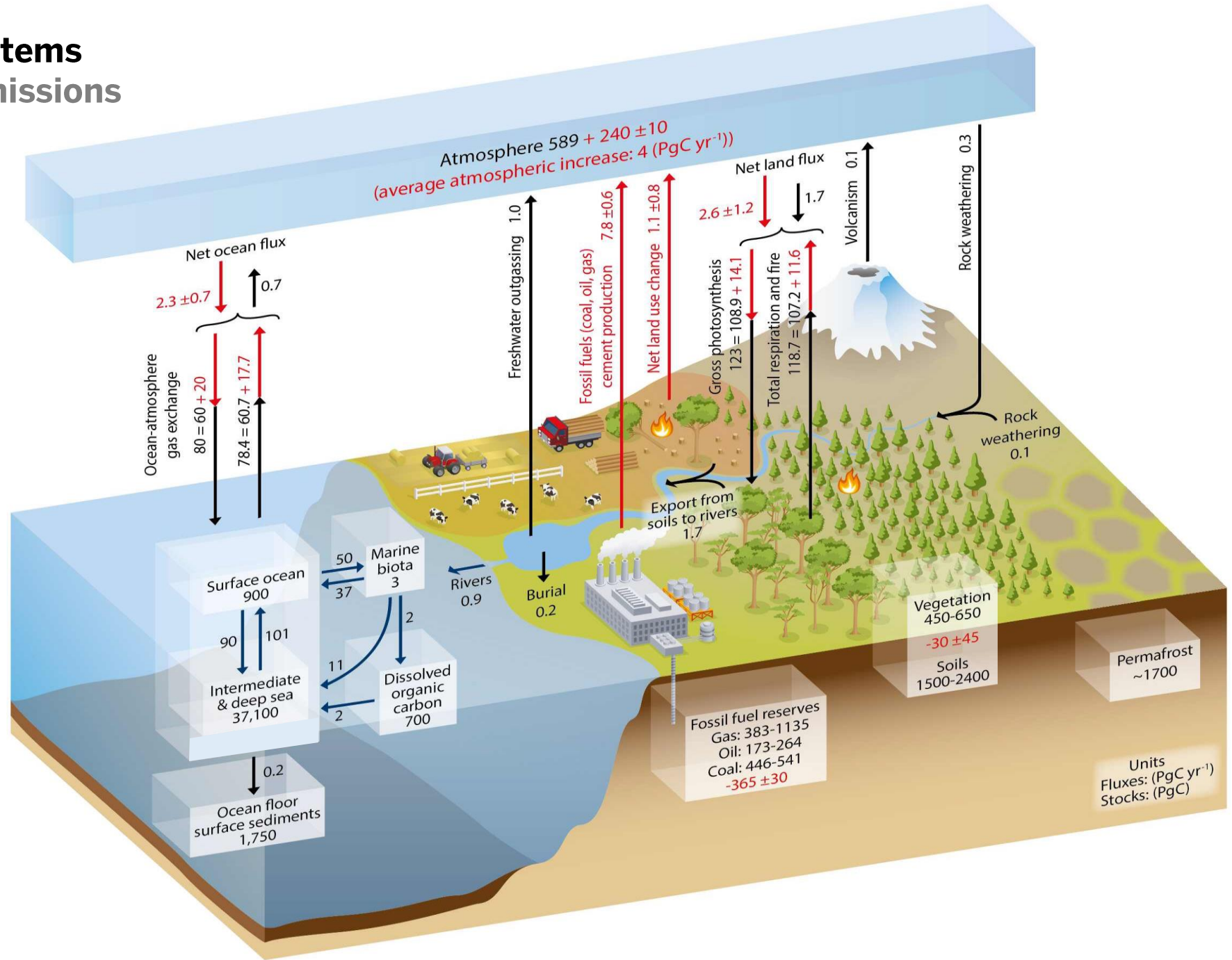
# Freshwater ecologies



## Terrestrial ecologies

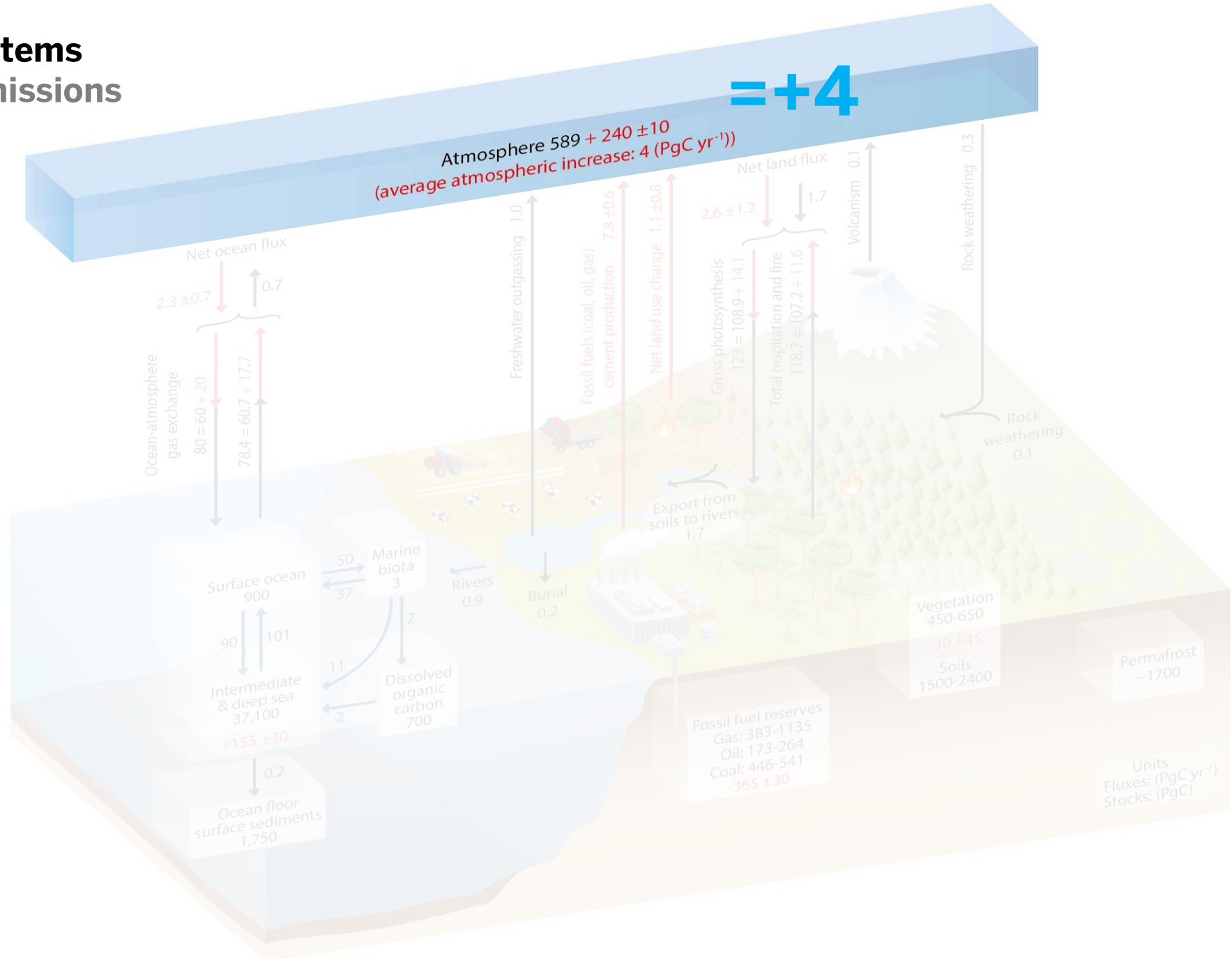


# Terrestrial and Marine Ecosystems Absorb Half of the Carbon Emissions



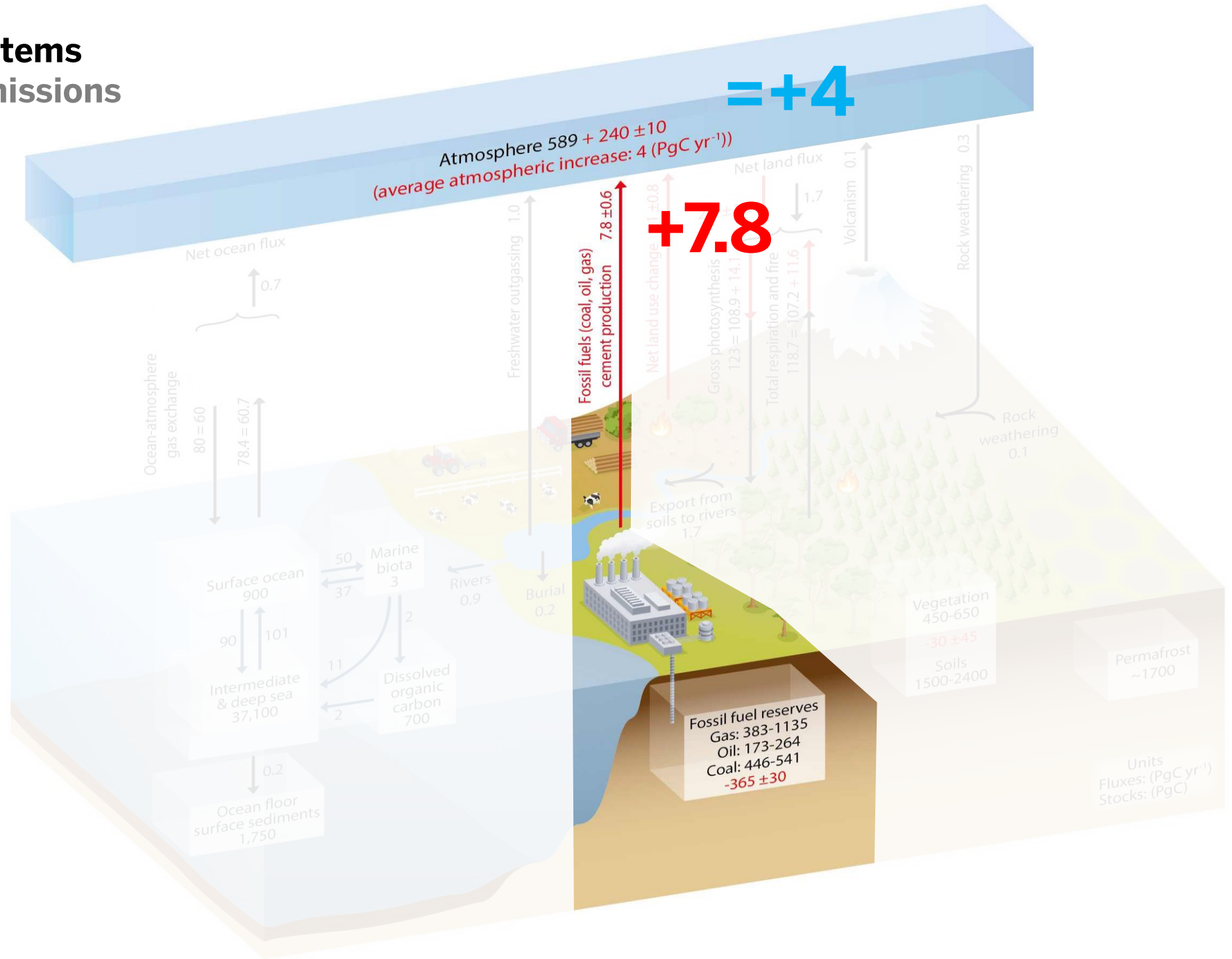
PgC yr<sup>-1</sup> = 1,000,000,000 Tons Carbon/Year

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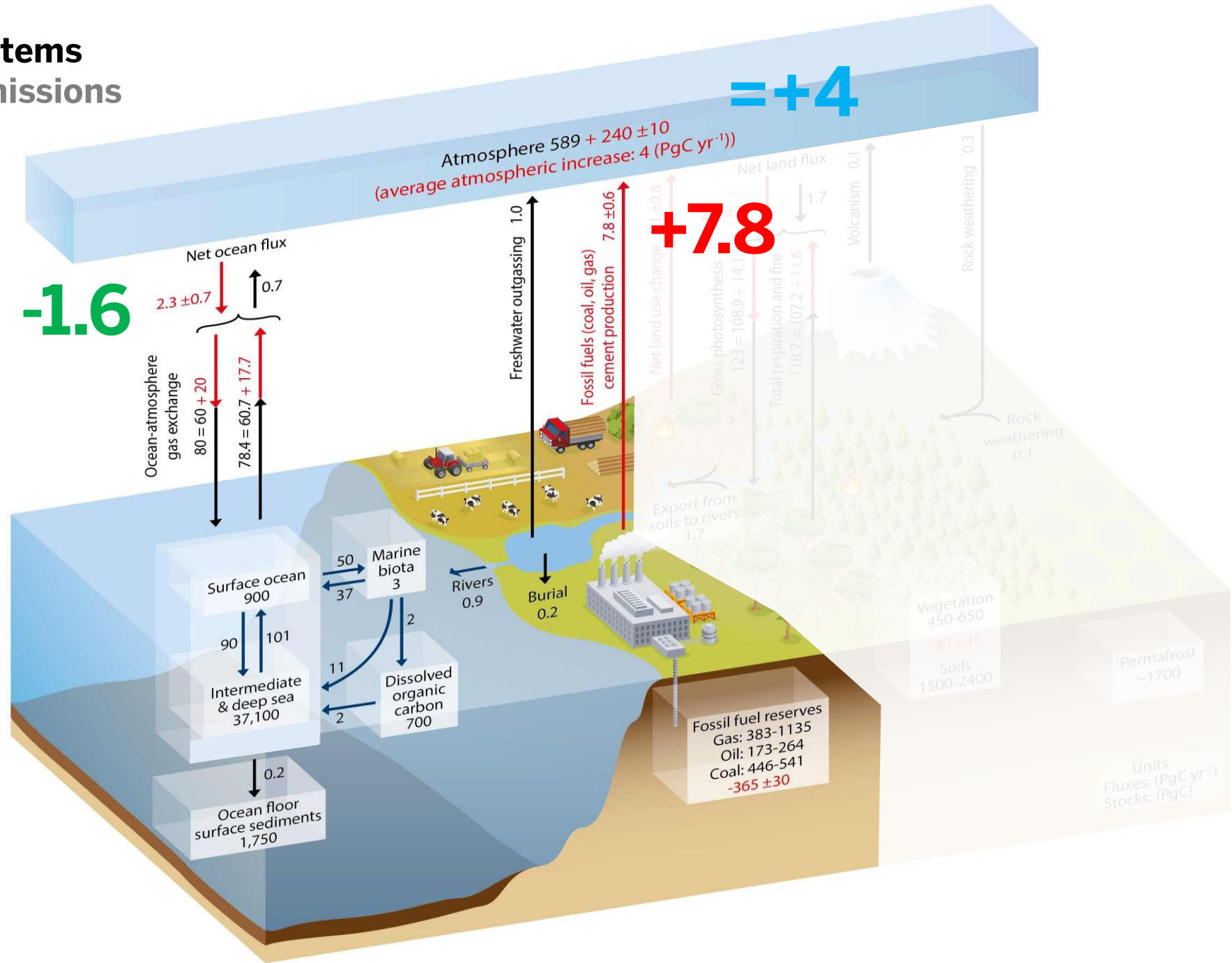
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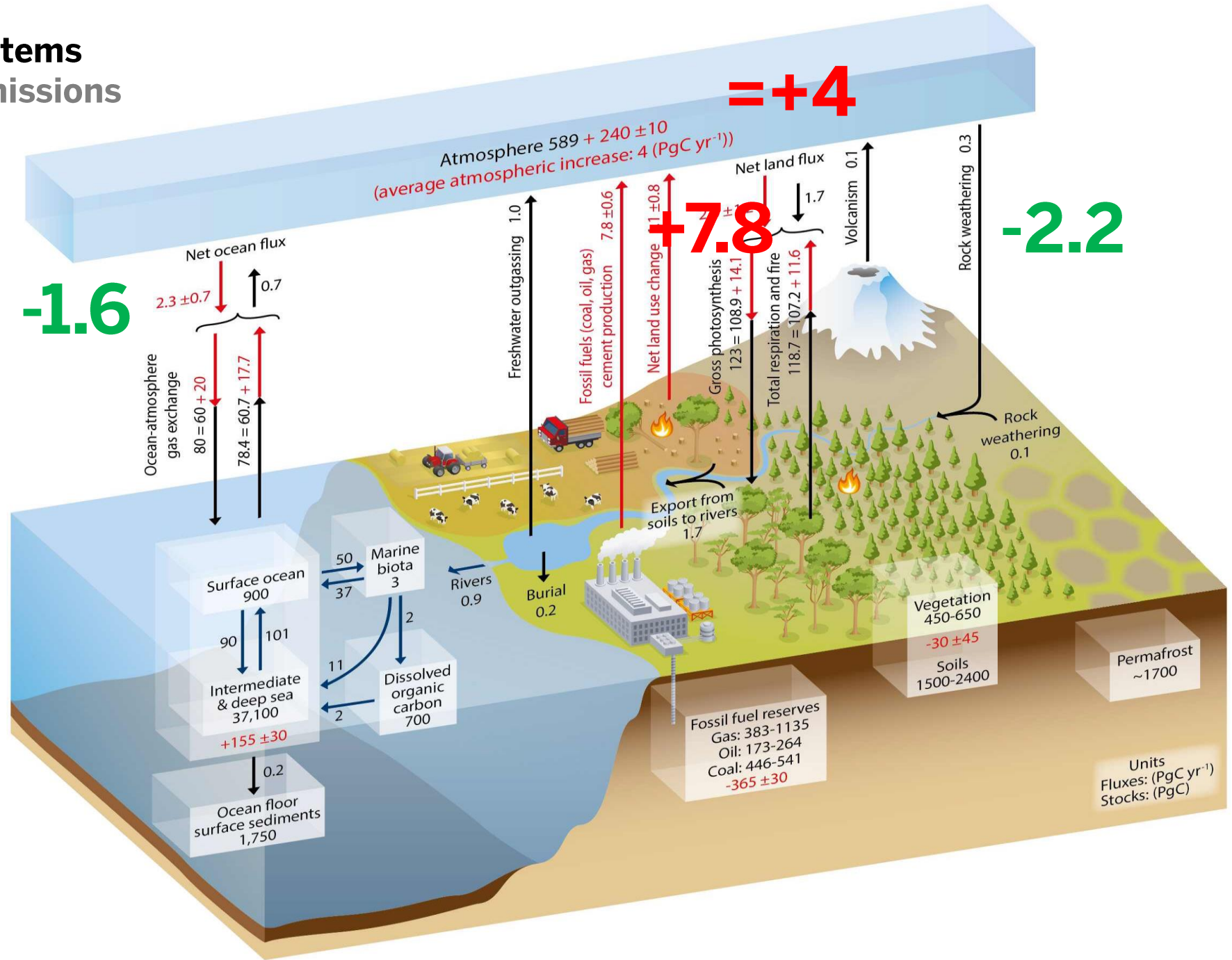
**$\text{PgC yr}^{-1}$  = 1,000,000,000 Tons Carbon/Year**

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# Terrestrial and Marine Ecosystems Absorb Half of the Carbon Emissions



PgC yr<sup>-1</sup> = 1,000,000,000 Tons Carbon/Year

***In the last 7,800 year, the total carbon loss as a consequence of desertification is between 450-500 gigatons of carbon – more than the TOTAL amount of fossil fuel***

Food and Agriculture Organization (FAO) – United Nations  
Carbon Sequestration in Dryland Soils

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